

Finding the Divine And Perfect Order for Your Life

What started as a desire to inspire people one word at a time, one day at a time, became the foundation for my new companion journal, **Divine And Perfect Order: 52 Simple Truths, Simple Tools & Simple Words of Wisdom for Your Life.**

Six years ago, I started posting daily inspirational messages and personal challenges on social media. My intention was threefold: to encourage people to wake up, to live in the light, and to realize that God has a perfect plan for their lives—even in the midst of uncertainty, chaos and pain.

What happened next surprised me. Readers of these daily posts left their comments and feedback. A virtual community formed around the world. And, many contacted me to encourage me to keep writing these words of wisdom. As I read their comments, I was struck how similar we all are—regardless of age, ethnicity, gender, religion or income. We *all* get stuck from time to time, and we feel like we can't get out. I also recognized we share three basic needs: we yearn to be heard, we want to be seen, and we ache to know that someone relates to our pain. It was remarkable how many times readers reached out to ask if I was in their homes spying on their families and writing specifically to *them*. Of course, I laughed and responded, "I can only write these posts because I've lived them."

I'm often asked, "Were you always this way—full of faith, hope and light?" The short answer is, "No."

I *became* Susan Day through years of living in darkness. I know firsthand the pain, heartache, and struggle that comes with an eating disorder, substance abuse, workaholism, and an unhealthy penchant for spending. I also know the disappointment of divorce and the unrequited desire to have a child. As a young woman I remember telling my therapist, "Well, I guess the only addiction I don't have is gambling." After a fleeting pause, I cried out, "Put me down for gambling too. After all, I've been playing Russian roulette with my life!" That was twenty-four years ago.

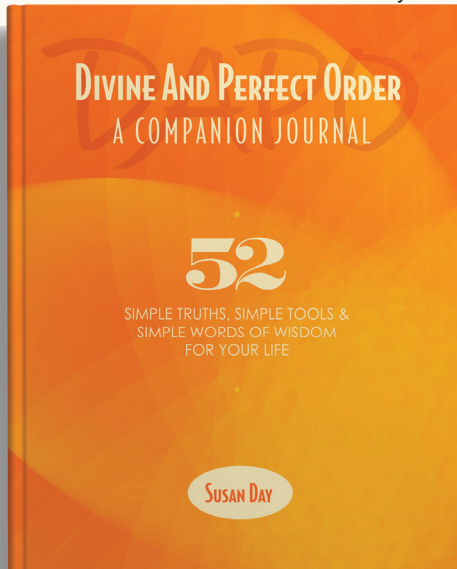
Today, I'm blessed and beyond grateful to be standing strongly in the light of day. No, the journey wasn't easy. It was like a poorly choreographed dance with steps forward, backward and sideways. It was long, and at times, excruciatingly painful. And yet, I don't have regrets. Yes, there are choices I wish I'd made differently; and yet, I wouldn't be the woman I am today without those experiences.

I liken my journey to the creation of a pearl. The formation of a pearl is truly miraculous. A natural pearl begins its life as an irritating grain of sand, which has been lodged in an oyster's soft inner body. To ease this irritant, the oyster's body produces nacre—a soft, soothing substance that becomes strong, resilient, and iridescent. As long as the irritant remains within its body, the oyster will continue to coat it with layer upon layer of nacre.

Like the grain of sand, I was the irritant in my own life. The choices I made held me captive inside a hard dark place. But our miraculous God met me there, and began to coat me with the nacre of life lessons that He had prepared for me. Like the nacre, layer upon layer, He used these lessons to transform me until it was time for me to emerge—strong, resilient, and ready to reflect His light. Now I'm called to share what I've learned with you.



Susan Day
—DAPO



The Divine And Perfect Order A Companion Journal comes out in October! Be the first to get it. Just email Susan at sday@dapo.me with subject "DAPO Community" to subscribe to her email list. She'll reply back and send you the first five DAPO devotions as her gift to you. When her book comes out, you'll receive an invitation to join her private Facebook community.

I have collected 52 of these life lessons and offer them to you in **Divine And Perfect Order: 52 Simple Truths, Simple Tools & Simple Words of Wisdom for Your Life.** It's a companion journal in which you can answer thought-provoking questions, record your personal thoughts, and write out your prayers. And if you like, you can join the private Facebook community when the book launches and share what you're learning there.

I hope this book helps you see that you too have the power to choose how you want to live. You have the choice to take the action necessary to create the life you say you want—and more than that, the life God has called you to. These devotions will guide you on your journey.

When I talk about God's Divine And Perfect Order, I call it **DAPO**. That's my husband's creation. One day in the midst of a difficult situation, my husband Greg confidently turned to me and said, "Honey, don't worry, everything's DAPO." Since I hadn't had my morning cup of coffee yet, I gave him a puzzled look and asked what he meant. Greg said, "Well, *you* always say, 'Everything's in God's divine and perfect order.' So trust, everything's DAPO!"

Indeed, everything is **DAPO**. It is in **God's Divine And Perfect Order**. And you're never alone on this journey. If you'll risk opening your shell just a little bit, God will move and guide you deeper into His loving light.

Susan will be speaking and signing her new book *Divine And Perfect Order A Companion Journal* at the SW Celebrating You event October 4 at Pheasant Run in St. Charles.

With light,

Susan Day

Susan invites you to follow her inspirational postings on Facebook®



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