

JOIN THE 52-WEEK DAPO JOURNEY

Every year as the New Year rolls around, I watch as people typically fall into one of two categories: They're either anxious and remorseful because they didn't realize their dreams the previous year; or they enthusiastically jump into the New Year with so many unrealistic expectations, determined to overhaul every facet of their life immediately, that they set themselves up for disappointment by the end of January.

What if there was a simpler way to approach your life and incorporate simple truths and tools to help you look within and clearly see how you're spending your days, and, therefore, living your life? Would you want to be a part of it?

Well, there is.

Join me on the 52-Week DAPO Journey where you'll learn how to incorporate small, sustainable shifts into your life to aid in a lasting and profound transformation whatever your goals are for 2015.

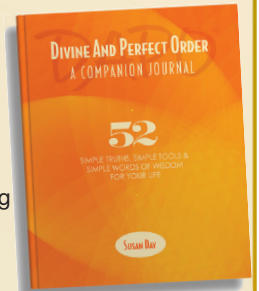
Let this be the year you think differently and make different choices to enable you to live a more balanced, realistic and fulfilling life.

If you're looking for a community of dedicated travelers to come along side of you as you live each day, whether filled with trial or joy, consider joining **The DAPO Community** on Facebook at www.facebook.com/groups/DivineAndPerfectOrder.

This will be our launch out point. We will gather here to share what we are learning. Each week you'll be given the opportunity to hear coaching, as I offer you a new tool through various forms of media.

In my recently released book, *Divine And Perfect Order, A Companion Journal*, I outline **52 Simple Truths, Simple Tools & Simple Words of Wisdom for Your Life**.

We will use this book as our road map. Each week we will explore a new life lesson. We'll pull over and practice using the corresponding simple tool—a thought-provoking question, personal challenge or practical action step to move forward on your journey.



As Mary Oliver so poignantly opens her poem *The Journey*, “One day you finally knew what you had to do, and *began*,” we too must choose to put a stake in the ground and *begin*. What better time than the New Year to commit to taking life one lesson at a time, one simple tool at a time?

Life is not a race; it's a journey. And for those who choose to stop, reflect and review where they're going, they'll inevitably be more aware and grateful for the lessons along the way. Don't let this year slip through your fingers by living in the past. When you choose to live your life one day at a time, you'll experience the beauty and trials that each day holds.

Remember, we all face uncertainty, chaos or pain in our lives. And when we come together in a community, we can exchange ideas and have courageous conversations to uncover God's Divine And Perfect Order in the midst of it all. **“Everything is DAPO!” It's in God's Divine And Perfect Order.**

With light,

Susan Day

Susan invites you to join her private community for readers on Facebook®



facebook.com/Groups/DivineAndPerfectOrder

