

FREE to Dream

AT LEAST ONCE A DAY,
ALLOW YOURSELF THE
FREEDOM
TO THINK AND DREAM.
—Albert Einstein



There's so much wisdom and power in that statement.

Although I must confess, it's taken me years to realize the simple act of dreaming isn't a waste of time; rather, it's a wise use of time.

Taking time out to ponder and dream can be some of the most productive and profitable time you give yourself. Permission to dream allows you the freedom to see what you otherwise might have missed amidst the busyness in your life. At any moment, you have the freedom to put pen to paper and make a list of important choices—choices that can empower you to create change and move in a new direction.

However, in order to adjust your course, you must be willing to ask yourself some tough questions. The answers to these questions can provide the spark to ignite your dream. If you don't have a dream, how can it come true?

Dreaming doesn't cost anything; however, not dreaming could cost you the life you were destined to live.

—Susan Day

Written dreams have a way of coming true when you give them the space to become reality. I firmly believe some questions simply can't be answered in your head. They require putting pen to paper. When you see your written answers, it's undeniable what's most important to you.

I recently asked myself the following questions; and my answers were enlightening. Grab a piece of paper and a pen; and answer the following questions. And remember, there's no right or wrong answer—just *your* truth.

- **What matters most to you?**

Here's a helpful hint: List what you value most in order of importance. (For example: God, family, friendship, health, career, recreation, or philanthropy.) Your answers represent your personal priorities.

- **What are your gifts and talents?**

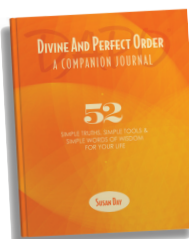
Take a personal inventory of your gifts. Your gifts and talents are what you're naturally good at doing. God expects you to know and use them.

- **If your dreams were a place, where would you be standing, and what would you be looking at?**

Knowing the type of environment you thrive and feel most alive in are important clues to where you might live out and offer your gifts to the world.

When you set your desires and dreams to paper, there's a natural excitement and energy that emanates from within. You can begin to imagine and see what's possible. The answers to these questions will guide and inspire you on your journey. They'll ensure you stay awake and not fall asleep to the life you were called to live.

***This is your dream.
Give yourself the freedom to live it!***



Find more thought-provoking questions to inspire and drive you to action when you purchase my new book—***Divine And Perfect Order, A Companion Journal.***

With light,

Susan Day

Susan invites you to join her private community

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Susan Day
—DARO